

**Who** is the focus of these questions?

(me, my child, another family member)

**What** types of screen are being used?

(television, tablet smart phone)

**When** during the day are screen most often used?

(Before or during meals, bedtime, during travel)

**Where** are screens most often watched?

(in the lounge room, in the car, while waiting for appointments)

**Why** are screens being used?

(helps me make dinner, entertains the child)

Extra notes/comments/thoughts

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